


My Just Be^e Journal



Written by _____

Think about it.

Draw a picture below of something that you are grateful for.



Write about something you are grateful for.

Four sets of primary writing lines, each consisting of a solid top line, a dashed middle line, and a solid bottom line.

Think about it.




Draw a picture below of what makes you unique.

Write about what makes you unique.

Think about it.

Draw a picture below of ways to be prepared.



Write about ways you can be prepared.

Four sets of primary writing lines, each consisting of a solid top line, a dashed middle line, and a solid bottom line.

Think about it.

Draw a picture below of when you are happy.



Write about when you are happy.

Four sets of primary writing lines, each consisting of a solid top line, a dashed middle line, and a solid bottom line.

Think about it.

Draw a picture below of when you need to be patient.

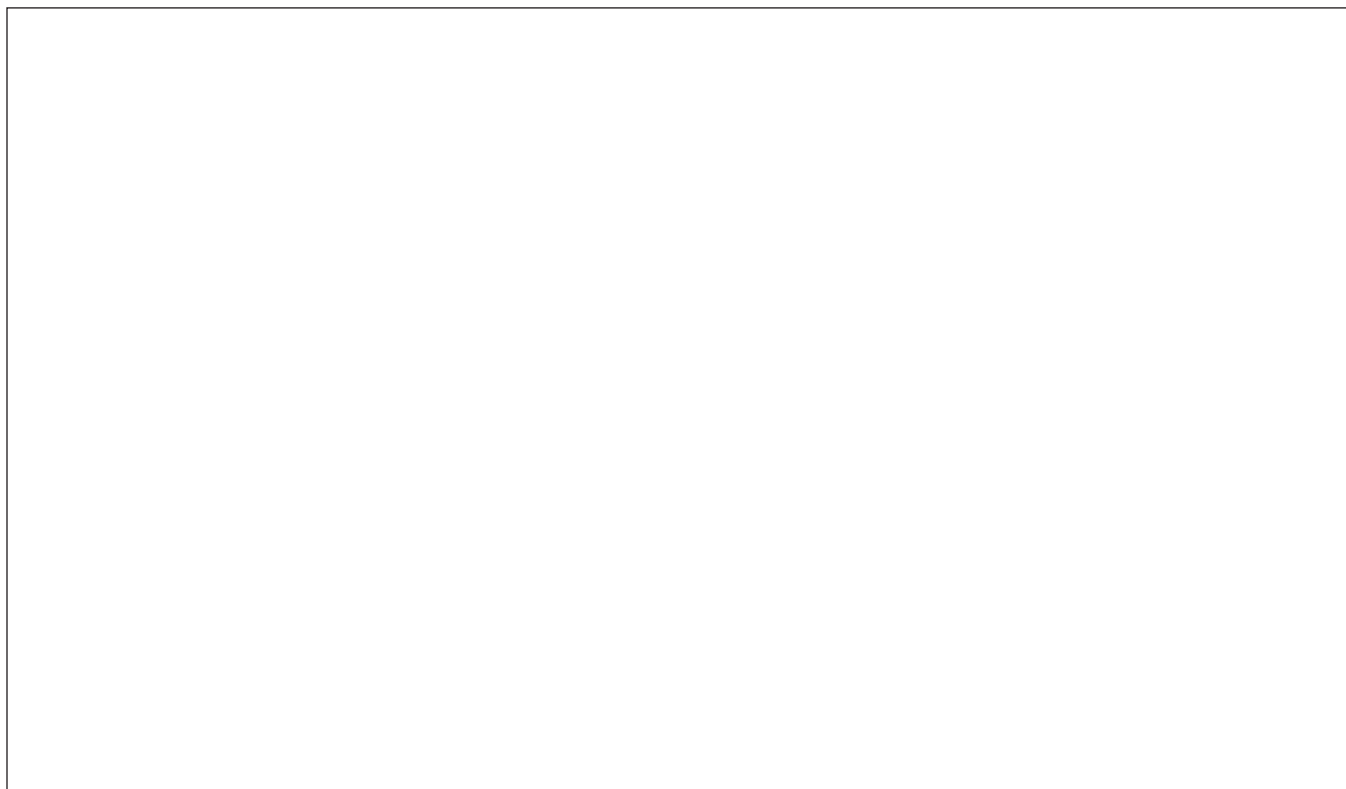


Write about when you need to be patient.

Handwriting practice lines consisting of solid top and bottom lines with a dashed middle line. There are four sets of these lines provided for writing.

Think about it.

Draw a picture below of ways to be healthy.



Write about ways for you to be healthy.

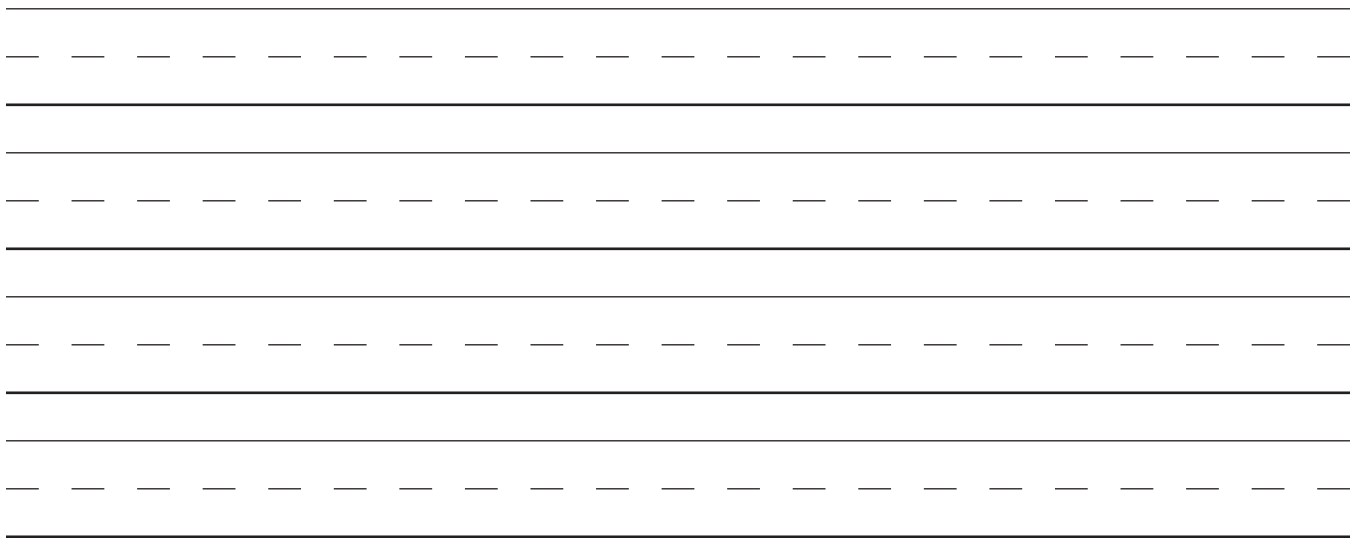
Handwriting practice lines consisting of solid top and bottom lines with a dashed middle line. There are four sets of these lines provided for writing.

Think about it

Draw a picture below of ways to be creative.



Write about ways for you to be creative.



Think about it.

Draw a picture below of ways to help you be on-time.



Write about ways to help you be on-time.

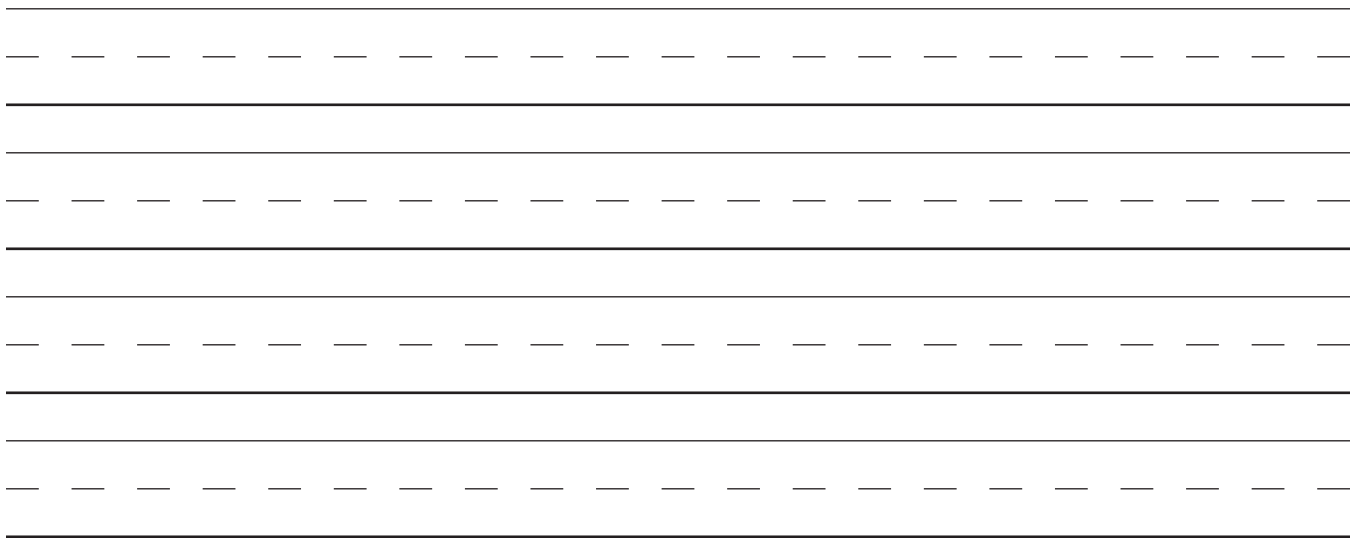
Four sets of primary writing lines, each consisting of a solid top line, a dashed middle line, and a solid bottom line.

Think about it

Draw a picture below of times you should be consistent.



Write about something you should be consistent.



Think about it.

Draw a picture below of times you should be coachable.

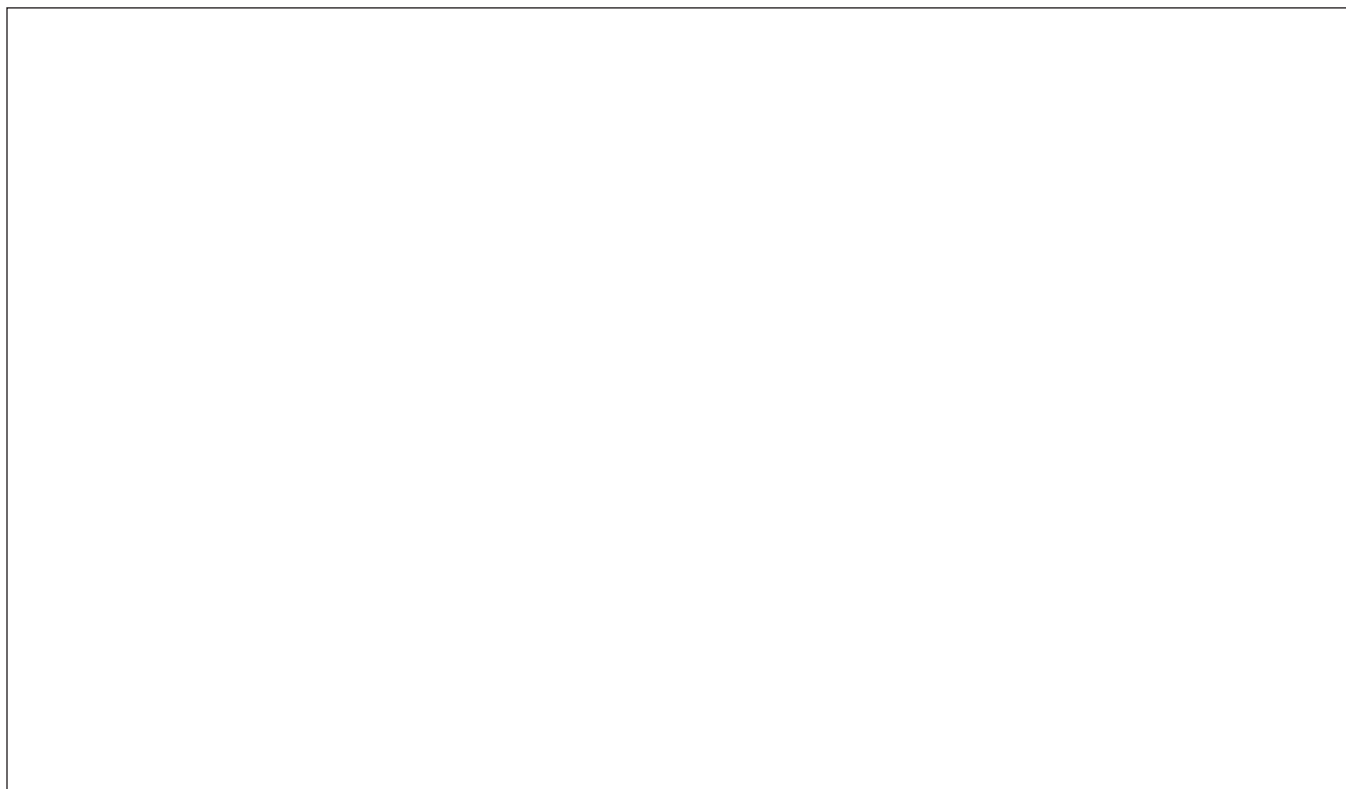


Write about times you should be coachable.

Four sets of horizontal writing lines, each consisting of a solid top line, a dashed middle line, and a solid bottom line.

Think about it.

Draw a picture below of how you can be a good example.



Write about how you can be a good example.

Handwriting practice lines consisting of four sets of three horizontal lines (top solid, middle dashed, bottom solid).

I did it!



I am the best me!