## My Just Bee Journal



Written by

## Bee Grateful AGRADECIDO (A)

## Word and Meaning: <u>Grateful</u>

To be thankful for who I am and what I have.

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## Think about it. Draw a picture below of something that you are grateful for. Write about something you are grateful for.

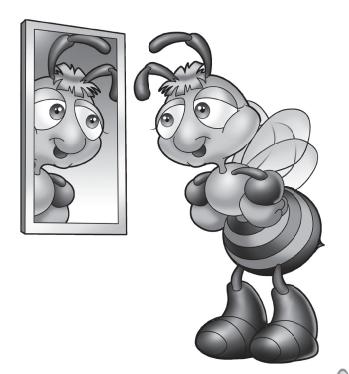
## Bee Myself TÚ

## Word and Meaning:

## **Potential**

Meeting my talents and abilities.

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## Think about it. Draw a picture below of what makes you unique. Write about what makes you unique.

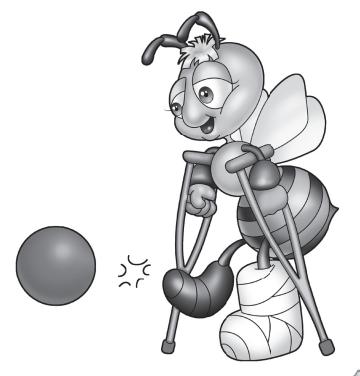
## Bee Positive OPTIMISTA

## Word and Meaning:

## **Positive**

A good attitude, pleasant, looking at the good in things.

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## Think about it. Draw a picture below of ways to be positive. Write about ways you can be positive.

## Bee Prepared PREPARADO (A)

## Word and Meaning:

## <u>Prepared</u>

Being ready for someone or something.

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## Think about it. Draw a picture below of ways to be prepared. Write about ways you can be prepared.

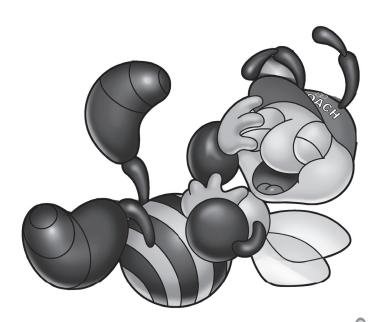
## Bee Happy FELIZ

## Word and Meaning:

**Happy** 

Enjoying life.

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## Think about it. Draw a picture below of when you are happy. Write about when you are happy.

## Bee Patient PACIENTE

## Word and Meaning:

## Patient

Waiting calmly for people or things to happen.



## Think about it. Draw a picture below of when you need to be patient. Write about when you need to be patient.

## Bee Healthy SALUDABLE

## Word and Meaning:

## **Healthy**

In good condition; well in mind and body.

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# COACH

## Think about it.... Draw a picture below of ways to be healthy. Write about ways for you to be healthy.

## Bee Creative CREATIVO (A)

## Word and Meaning:

## Creative

Using your personality to create or build.

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## Think about it.... Draw a picture below of ways to be creative. Write about ways for you to be creative.

## Bee On Time PUNTUAL

## Word and Meaning:

## On-Time

Prompt; on schedule.

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## Think about it. Draw a picture below of ways to help you be on-time. Write about ways to help you be on-time.

## Bee Consistent CONSTANTE

## Word and Meaning:

## Consistent

Having a dependable routine.

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## Think about it. Draw a picture below of times you should be consistent. Write about something you should be consistent.

## Bee Coachable ASESORABLE

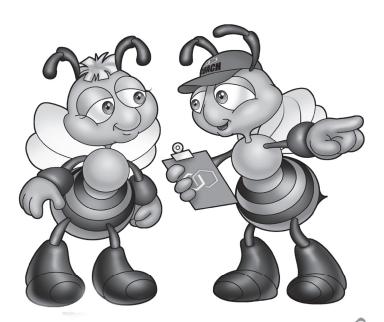
## Word and Meaning:

## Coachable

Teachable; willing

to learn.

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## Think about it. Draw a picture below of times you should be coachable. Write about times you should be coachable.

## Be<sup>e</sup> A Good Example BUEN EJEMPLO

## Word and Meaning:

## Example

A sample to show what is right.

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## Think about it. Draw a picture below of how you can be a good example. Write about how you can be a good example.



## I am the best me!